

BOARDWALK

GLUTEN FREE MENU



www.cawleyhotels.com

NIBBLES

Balsamic Onions  4.95

Gordal Picante Olives  5.95

STARTERS

Homemade Soups of the Day 

gluten free roll, sea salt butter 6.95

Bang Bang Cauliflower Bites 

vegan sriracha mayo, asian slaw 8.95

Classic Bruschetta 

toasted gluten free garlic bread, fresh tomatoes, basil, olive oil 8.95

Chicken Liver Parfait

caramelised red onion chutney, crisp leaf salad, gluten free toast 9.95

Crispy Potato Skins 

crispy deep fried potato skins, seasonal salad, curried mayo dip 8.95

Moules Marinière (Starter/Main)

white wine, shallots, garlic, butter, parsley,

toasted gluten free garlic bread 10.95 / 19.95

add a bowl of skinny fries 3.95

Gambas Pil Pil

king prawns, hot chilli & garlic oil, toasted gluten free garlic bread 13.95


Prawn Cocktail

bloody mary prawns, crisp leaves 12.95

Crispy Tempura (Starter/Main)

garlic & lemon aioli, sweet chilli dipping sauce

Chicken 9.95 / 18.95

Vegetable 8.95 / 16.95 

Prawn 11.95 / 20.95

Mixed 10.95 / 19.95

add a bowl of skinny fries 3.95

SHARING BOARDS

Seafood Sharing Board

mini prawn cocktail, prawn tempura with sweet chilli dipping sauce,

mini gambas pil pil, battered haddock bites with tartar sauce 27.95

Rustic Sharing Board

classic bruschetta, chicken liver parfait with red onion chutney,

crispy potato skins, chicken tempura with sweet chilli dipping sauce 25.95

BAKED POTATOES *(Available from 12 - 5pm)*

Sea-salt baked, rubbed with olive oil and served with coleslaw,

dressed salad leaves with a choice of filling:

Coronation Chicken 12.95

Tuna Mayonnaise 13.95

Prawn Marie Rose 14.95

Coleslaw & Cheese  12.95

Food Allergies & Intolerances : Although your meal is prepared with care, due to handling of allergens in our kitchen, we cannot guarantee it will be allergen free, even after ingredients have been removed on request. Meat & fish dishes may contain small bones.

 = Vegetarian  = Vegan

GLUTEN FREE MENU AT BOARDWALK

BOARDWALK MILANESE

Chicken breast, coated in crispy, gluten free golden breadcrumbs, served with a choice of; gluten free penne marinara or chunky chips

Classic Milanese

caramelised lemon, garlic & herb butter 18.95

Parmigiana Milanese

tomato sugo, fior di latte mozzarella, parmigiana reggiano 19.95

SANDWICHES *(Available from 12 - 5pm)*

All sandwiches are served with coleslaw and dressed salad leaves with your choice of either white or brown gluten free bread

Egg & Watercress  10.95

Coronation Chicken 11.95

Tuna Mayonnaise 12.95

Prawn Marie Rose 13.95

Chicken Caesar

grilled chicken breast, bacon, crisp leaves, caesar dressing,

parmigiano reggiano 13.95

B.L.T

bacon, lettuce, tomato, avocado, mayo 13.95

HOT SANDWICHES *(Available from 12 - 5pm)*

All hot sandwiches are served with coleslaw and dressed salad leaves

Vegan Cheese Toastie 

toasted gluten free ciabatta, melted vegan cheese, tomatoes, basil 11.95

Posh Fish Finger Sandwich

gluten free brioche bun, battered fish fingers, lettuce, tartare sauce 15.95

Croque Monsieur

baked ham & cheese sandwich, béchamel sauce 13.95

Croque Madame

baked ham & cheese sandwich, béchamel sauce topped with a fried egg 14.95

Steak Ciabatta

mustard mayo, caramelised red onion chutney, rocket leaves 16.95

add a bowl of homemade soup 4.95

add a bowl of skinny fries 3.95

SALADS

Classic Caesar Salad

crisp gem lettuce, bacon, anchovies, parmesan shavings, caesar dressing 12.95

Superfood Bowl 

seasonal leaves, smashed avocado, shredded beetroot, cauliflower couscous,

pomegranate, tenderstem broccoli, toasted seeds, cottage cheese 14.95

add char-grilled chicken breast 4.95

add king prawns 6.95 **add charred halloumi** 3.95

PASTA

All pasta are served with gluten free penne

Aglio e Olio 

EVOO, garlic, chilli, fresh basil, soft herb pangrattato 11.95

Carbonara

carbonara sauce, cream, garlic, bacon lardons 15.95

Mac & Cheese 

creamy aged cheddar sauce, soft herb pangrattato 14.95

add king prawns 8.95

add bacon & spring onion 3.95

Gamberetti

king prawns, garlic, lemon, chilli, white wine 18.95

Penne & Meatballs

homemade beef & pork meatballs, rich tomato sauce 15.95

Seafood Penne

salmon, king prawns & mussels, served in a garlic & soft herbs cream 18.95

CAWLEY CLASSICS

Traditional Beef Lasagne

slow-cooked beef ragu, bechamel & parmesan cream, seasonal salad,

toasted gluten free garlic bread 17.95

Coconut Chilli Chicken

rice pilaf, bok choy, coconut, lime & chilli sauce, prawn crackers 19.95

Chicken Souvlaki

marinated chicken skewers, greek yoghurt & garlic sauce, pomegranate,

red onion, served with a side of fries 19.95

Chicken Enchilada

gluten free tortilla served with fries and seasonal salad 18.95

Peppered Trio of Beef, Chicken & Pork

creamed potatoes, seasonal vegetables, peppercorn sauce 23.95

Sizzling Fajitas

gluten free tortillas, salsa, guacamole, sour cream, grated cheese

Vegetable 16.95 

Chicken 19.95

Prawn 20.95

Mixed 19.95

FROM THE GRILL

All of our steaks are cut in house, served with a whole roasted tomato, flat cap mushroom, onion ring and your choice of fries or chunky chips

Prime Sirloin Steak 8oz 36.95

Prime Fillet Steak 8oz 39.95

Steak Sauces

garlic butter | chimichurri | pepper & brandy | blue cheese | peri peri 2.95

Steak Toppers

garlic king prawns 8.95

BURGERS

All burgers are served on a gluten free burger bun with fries, homemade coleslaw and a battered onion ring

Classic Burger

beef patty, crisp lettuce, tomato, burger sauce 19.95

add cheese | **bacon** 2.95

Plant Based Burger 

gluten free vegan bun, plant based patty, crisp lettuce, tomato,

vegan mayo, crispy onions 18.95

The Scottish Burger

beef patty, crisp lettuce, tomato, peppercorn sauce, smoked bacon 21.95

Chicken Caesar Burger

crispy gluten free chicken breast, crisp lettuce, grilled bacon,

caesar dressing, parmigiano reggiano 19.95

FROM THE SEA

Classic Fish & Chips

battered haddock, minted mushy peas, lemon wedge, chunky chips or fries 19.95

Make it like the Chippy

add curry sauce & pickled onion 2.95

Roasted Fillet of Salmon

creamed potatoes, garlic & lemon aioli, green beans, cherry tomatoes,

gordal picante olives, EVOO 21.95

Smoked Haddock Florentine Gratin

mustard cream sauce, braised spinach & leeks, creamed potatoes,

cheddar glaze, soft herb pangrattato 21.95

SIDES

Fries or Chunky Chips 4.95

Rocket, Sun Blushed Tomato & Parmesan Salad 4.95

Onion Rings 5.95

Cajun Fries 6.95

Chilli & Parmesan Fries 6.95

Truffle & Parmesan Fries 6.95

Dirty Fries

bacon, green peppers, red onion, melted cheddar, garlic sauce 7.95

Mini Mac & Cheese 7.95

